



Annual Review 2020/21



HASHIM
WELFARE
HOSPITAL
APPEAL

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Registered charity No. GRT/2003-17

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Affiliated with

Ashford and St. Peter's Hospitals 
NHS Foundation Trust

Building futures

Changing lives

Nothing compares to the impact on an elderly cataract patient who can finally see her grandchildren, or the joy of a relieved mother cradling her new-born baby.

Our vision

The overall objective of the Hashim Welfare Hospital Appeal (HWAHA) is to provide high quality, accessible healthcare, with a focus on the poor and needy in rural Pakistan. We want to achieve this through our core project; the Hashim Welfare Hospital.

Facing the challenge

There are about one and a half million people in Pakistan who are blind or visually impaired because of cataracts. The death of mothers due to complications in labour and childbirth is 178 per 100,000 births. The under-five mortality rate is 81 deaths out of a thousand, and there is an almost 25% probability of dying from preventable and treatable health conditions such as diabetes and heart disease.

Hashim Welfare Hospital

The foundation stone for the Hashim Welfare Hospital was laid on 9 April

1999 in Pindi Hashim, a rural village between Islamabad and Lahore.

The Hospital is a combined project of two charities, and was founded in the UK by Dr Idrees Awan. HWAHA is based in the UK and the Hashim Welfare Association is on the ground in Pakistan.

Helping change lives

The development of a country is measured by the quality of its healthcare and education. With the help of our staff, volunteers, and supporters we can help more people access quality healthcare, change lives, and build better futures.



Chairman's review

The COVID epidemic has lasted much longer than anyone anticipated and it has had a devastating effect on individuals and communities around the world.



Dr Idrees Awan
Chairman and founder

How we have managed

During the first lockdown in March 2020, we briefly closed the eye department but managed to keep the maternity department open to deal with emergencies. Our staff quickly adapted to the Hospital's COVID guidelines, and through learning lessons in the first lockdown, we were able to better manage patients during the second and third waves of the virus.

Also in March 2020, We finally started work on the long-planned hospital extension. However, we were forced to abandon this. The lockdowns have also meant a shortage of building material and a sharp increase in market prices.

The team managed to complete some ancillary projects, including; foundation work on the main building, temporary storage rooms for building materials, a space for the security guard, a 'yellow room' for clinical waste storage, and a human tissue waste pit. We completed

some maintenance on the landscaping of the front garden and built four outdoor public toilets.

Start of new services

During Ramadan 2021, we started five new clinics, which had been planned for some time. These include: 1) paediatrics (2) physiotherapy (3) urology (4) diabetic eye screening and fundus imaging, and (5) ultrasound. Along with the new clinics we have increased the use of technology to track patients, digitise the pharmacy, and help with administration.

Adapting to new realities

Meeting people personally, and building friendships and support, has been an essential part of our work. I have missed these interactions. The pandemic has led to cancellation of all our events and meetings. However, the situation has meant that I have gone back to a more personal approach through telephone and email. The added help of WhatsApp and video conferencing means we continue to

reach out to our donors, supporters and well-wishers directly. I hope we haven't inundated you with too many messages!

Despite these difficulties, during Ramadhan we received more donations than previous years. I encourage everyone to continue using our JustGiving page.

Our German partners PAKISTAN – Hilfe zur Selbsthilfe e.V. (PHzSH) are using video conferencing to supervise staff at HWH with hearing aids for children. We have increased the use of video meetings throughout the hospital.

Thank you

I would like to thank our supporters in the UK Pakistan, especially our staff and doctors. I thank Almighty God for His continued blessings. None of this could have been achieved without your support; our families, donors, friends, colleagues, and charity teams. We look forward to eventually meeting you all in person, God-willing.



We have performed
12,583 cataract
operations since 2003

Departments and clinics

HWH is currently registered with the Punjab healthcare commission as a fifteen-bed hospital. This will increase to fifty beds after the extension is completed.

Ophthalmology

This was the first department created when the original hospital opened. The department currently employs two consultant eye surgeons, and runs two weekly eye clinics and theatre sessions. The bulk of clinical work is related to cataract and associated conditions. Cataract surgery is mainly performed with foldable intra-ocular lenses with the option of extra-capsular surgery. Laser therapy for post-cataract surgery is regularly performed. Staff also have access to diabetic retinopathy screening equipment and an optometrist for refractive eye problems who helps during busy eye clinics. We are planning to provide prescription lenses and glasses in the future.

Maternity

The maternity department includes neonatal and gynaecology services. We currently employ one consultant gynaecologists during regular hours, and a consultant surgeon on-call. Specialised

pre-natal, paediatrics, child welfare, and family planning clinics are being considered for the future.

Diagnostics

This is one of our busiest departments because many doctors from other clinics and hospitals send their patients for tests. This department is supervised by Professor Nasir Iqbal from Lahore. We are in discussions with Dr Adnan Ali from the UK, to supervise a new infection control programme at HWH.

Hearing disabilities camps

Since 2016, our charity partners PAKISTAN-Hilfe zur Selbsthilfe e.V. (PHzSH) have conducted ear camps at HWH. The team have also been training our staff and will be assisting HWH in developing a new ENT department. Due to the pandemic there were no ear camps in 2020, and non so far in 2021. Audiologists from PHzSH were able to supervise some hearing aid adaptations by HWH staff via video link in March 2021.

Dental department

We have appointed Dr Muhammad Ibrar, dental surgeon, to lead the clinic. The number of patients and procedures has increased, as well as an increase of visitors from abroad using the service.

New clinics started in 2021

HWH has introduced a weekly paediatrics clinic, sponsored by Dr Shahid Anis Khan, a professor and consultant physician from the UK. Dr Mamoon Ahmed has been appointed as consultant paediatrician.

We have a new full-time physiotherapist to manage musculoskeletal disabilities. This clinic had been sponsored and supervised by Dr Tariq Zaman, consultant orthopaedic surgeon in the UK.

Dr Taqi Shah, consultant radiologist, runs a weekly ultra sound clinic and Brig. Dr Tariq Mirza, professor of radiology, supervises the radiology department.

Patients' stories

Mohammed Altaf is from Sarai Alamgir, not far from Hashim Welfare Hospital.

Muhammad is a 69 years retired non-commissioned officer. He was bought to the hospital today by his grandson.

Mohammad had been to a local hospital in Kharian several times, but there had been no diagnosis of cataracts. He spoke to three people from his village who had cataract surgery at HWH and decided to try here.

When Mohammed visited HWH he was prescribed medicine for high blood pressure. He says. 'I returned for a [follow up]. My blood pressure was normal and I was given a date for the operation.'

About his experience, Mohammed said, 'On arrival There was no long wait and it was simple to register. I paid the Rs 10 fee and I was given a token with a number. The staff on the ward were excellent and looked after me very well. I paid a total of Rs 4,500. I need to return to have a follow up check. Overall I have had a great experience throughout my treatment.'



Our organisation

The hospital is jointly run by Hashim Welfare Hospital Appeal in the UK and Hashim Welfare Association in Pakistan.

Hashim Welfare Hospital Appeal (UK) executive committee

Dr Idrees Awan	Chairman / Urology specialist consultant, London NW University Healthcare NHS Trust
Ahsan Ellahi	Secretary / CEO, Langham Estate, London
Sajid Mahmood	Treasurer / Proprietor, Atif Superstore, Woking, Surrey
Dr Ayaz Asghar	Ophthalmic surgeon, Nantwich, Cheshire
Zahid Akhtar	Businessman, Oldham, Lancashire
Talat-Farooq Awan	Producer, BBC Radio/TV, Northwest England
Dr Tariq Zaman	Consultant orthopaedic surgeon, Ealing Hospital, London
Dr Shahud Anis Khan	Consultant physician and associate postgraduate dean, East of England

Hashim Welfare Association (Pakistan)

Hajji Malik Nawaz	Patron / Hospital land donor, Pindi Hashim, Kharian
Dr Idrees Awan	President / Consultant urological surgeon, Hashim Welfare Hospital
Mohammad Riaz	Vice-president / Fmr librarian, Kharian
Ijaz Ahmed	Vice-president / Businessman, Kharian
Zaka-Ullah Siddique	General secretary / Teacher and journalist, Doga, Kharian.
Aqeel Abbas Turabi	Joint secretary / Tax solicitor, Gujrat
Malik Amir Nawaz	Finance secretary / Businessman, Pindi Hashim, Kharian
Faisal Rasheed	Information secretary / Lehry, Kharian

Professional advisors

Andy Field	Chairman, Ashford and St. Peter's Hospitals NHS Foundation Trust
Mr David Payne	Consultant urologist, Kettering General Hospital, NHS Foundation Trust
Andy Hollebon	Fmr head of communications and engagement, Isle of Wight NHS Trust
Dr Adnan Aali	Consultant microbiologist, London North West University Healthcare NHS Trust
Hans Joachim Gerber	Chairman, PAKISTAN-Hilfe Zur Selbsthilfe e V., Germany



Since 2005 we have performed 308,309 labs tests, and 58,868 X-ray and ultrasounds

Our donors

Standing orders

£60- £200/month

Ahsan Ellahi, Woking
Dr Aurangzeib Aurakzai, London
Bilal Akhtar (Affinity Personnel Ltd), Guildford
Dr Humayon Dewan, Chelmsford
Dr Idrees Awan, Byfleet
Iftekhhar Qasim (GIBS Home Ltd), Woking
Dr Faiza Manzoor, Reading
Dr Maqsood Khawaja, Manchester
Raza Ahmed (WRAP Ltd), Reading
Dr Shahid Anis Khan, Hitchin, Herts
Sajid Mahmood (Atif Superstore), Woking
Dr Tariq Zaman, London
Dr Usman Khan, Macclesfield
Zafar Iqbal (late) (Goldstar Accountants), Reading
Zahid Akhtar, Oldham

Standing orders

£20-£50/month

Abida Husseini, Blackburn
Abid Kayani, Woking
Dr Adnan Aali, London
Dr Alauddin Mahoon, Woking
Ali Akhtar, Slough
Amjid Mir, Woking
Amir Siddique, Slough
Amjad Mahmood (Al-Madina Foods), London
Asad Jamil, Woking
Asaf Saleem, Reading
Dr Asif Butt, Reading
Dr Asif Raza, London
Asim Iqbal, Slough
Dr Amjad Cheema, Cardiff
Dr Ayaz Asghar, Crew
Barkat Hussain, Woking
Mrs F Waheed, Woking
F A Mir, Woking
Fazal Ali Awan, Slough
Hamid Masud (Ribat), Woking
Imran Khadim, Oldham
Imraan and Zubda Choudary, Southhall
Dr Ishfaq Ahmed (Ahmed Medicare Ltd), UK
Dr Irfan Rashid, Bradford
Dr Jahangir Mahalakshmiwala, London

Javid Mustafa, Guildford
Kausar Masood, Woking
Khurram Ahmed, Maidenhead
Kamran Akram, Bradford
Dr Kamran Qurashi, London
Haji Mohammad Zar, Woking
Dr Munira Sultan, Woking
Dr Mubashar Zia, Harlow
Mian Shariff, Slough
Mahmood Rajas, Woking
Nasib Aziz, Woking
Payroll Giving, UK
Dr Rashid Qadir, London
Cllr Sajjad Hussain, Woking
Sajid Khadim (Motor House), Shipley
Sofia Mir, Woking
Dr Shoukat Durrani, Kettering
Dr Shahid Sharif, Reading
Dr Sofia Rokerya Bhatti, Weybridge
Dr Sohail Sharik, London
Mrs Shahida Shafiq, Woking
T Jackson, UK
The Charities Trust, UK
Dr Taher Latif (Starbro Ltd), Slough
Usman Hussain, Woking
Zafar Iqbal, Woking
Zafar Ramzan, Farnborough
Zafar Yousef, Woking
Dr Zafar Waheed, UK
Zahir Ahmed, Woking
Mrs Zainab Sultan (Bismill Elite), London
Dr Zeib Sardar Khan, Kettering

Standing orders

£5-£15/month

Sharaz Ahmed, Maidenhead
Dr Guhram Ali Anjam, Oldham
Dr Omair Rauf, Manchester
Urfan Hussain (Pure Vision Optical), Woking
Mrs Saleem Asghar, Woking
Wajahat Khan, Woking
Haris Khan (Optnear Ltd), Woking
Ifzal Naveed, Woking
N Ifzal, Woking
Noman Sahi, Woking
Waqas Baig, Reading

Nasir Oureshi, Woking
Imran Khalid, Bradford
Dr Attiya Khan, London
Dr Qadeer Warraich, Isle of White
Dr M Ather, UK
Mohammad Azam, Woking
Dr Shujah Dar, Woking
Nazir Dar, Reading
Jabeen Dar, Reading
Nazir Chaudhry, Southall
Mahmuda Hamid, Woking
Mohammad Akram, Woking
Bilal Oureshi (IOO Ltd), West Byfleet
Yaser Latif, Woking
Nighat Jobeen, Woking
Mani Liaqat, Manchester
Mazhar Hussain, Woking
Tahar Naveed, London
Asim Zahir, Woking
Iftikhar Maher (LIMRL Ltd), Basingstoke
Mohammad Iqbal, UK
Mohammad Nadeem, Sandhurst
Mrs Atia Aslam, Woking
Dr Imtyaz Cheema, Middlesbrough
Dr Mudassar Shafiq, Southampton
Aqeel Lone, Woking
Ms Nobila Hussain, Manchester
Nasser Ali, Woking
Adam Noor, UK
Jabbar Ali, UK
Munawar Ahmed, Woking
Gulzar Hussain, Woking
Hajji Liaquat Hussain, Woking
Rizwana Awan, Southend-on-Sea
Mohammed Ali, Woking
Rashid Khan, Woking
Mrs R Hussain, Woking
Javad Anwar, Woking
Ahmed Elfaituri, New Haw
Mehdi Iqbal, Woking
N A Khan, UK



We have preformed
13,812 examinations
and 7,324 dental
procedures since 2011

Facts and figures

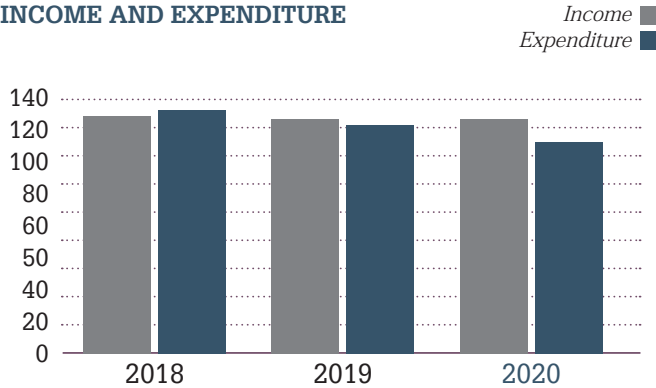


Ahsan Ellahi Secretary



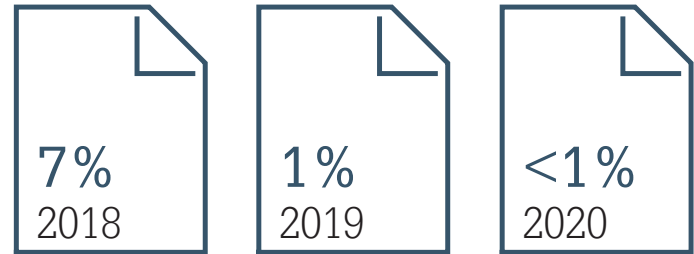
Sajid Mahmood Treasurer

INCOME AND EXPENDITURE



CONTROLLING OUR COSTS

Admin/design and print as a % of donations



Despite the pandemic, our donations have remained steady. Full accounts are available on Charity Commission website.

PATIENT FEE POLICY

PROCESS	POOR PATIENT	OTHER
Registration	Free	10 Rupees
General check-up, consultation and advice	Free	Free
Dispensary medicine <i>Three day course</i>	Free	Free
Blood sugar (diabetes)	Free	Free
ECG (heart disease)	Free	Free
Other investigations	Free	Minimal cost <i>A percentage goes to HWH</i>
Costly medicines	Free	Minimal cost <i>A percentage goes to HWH</i>
Procedures/operations	Free	Minimal cost <i>Pays for one poor patient</i>

TREATMENT AND TESTS UP TO DEC 2020

131,951	Eye patients from 2003
12,583	Cataract procedures from 2003
8,085	Babies delivered from 2011
72,366	Mothers examined from 2011
367,177	Diagnostic tests from 2005
1,057*	Ear patients from 2016
256*	Hearing aids fitted from 2016

*Ear camps were cancelled due to the pandemic



Since 2011 we have
examined 72,366
mothers and helped
deliver 8,085 babies

Support our work

There are many ways to support Hashim Welfare Hospital Appeal.

The simplest is through regular monthly donations. Contact us to find out more.

Good to know

We accept Sadaqah, Zakat al-Fitr, fidyah and donations for deceased loved ones. You or your organisation can also bequeath a gift to the Hospital in your will or trust, and leave a truly lasting legacy.



07515 409 274

info@hashimwelfare.org.uk

hashimwelfare.org.uk



New Extension

To meet the growing needs of our patients, we need your help to complete our new extension.

To complete the project, our target is to raise £500,000. With your generous support we can continue our vital mission to build healthy futures, today.

Donate by bank transfer

Reference: hwh-ext

Account: 16167570 / Sort code: 60-24-20

Donate by post

Send cheques, payable to
'Hashim Welfare Hospital Appeal' to:

HWHA

103 Walton Rd

Woking, Surrey GU21 5DW

Monthly standing order

Please contact 07515 409 274

For more information:

07515 409 274 or visit: hashimwelfare.org.uk

Donate now with JustGiving

Scan the QR code to securely donate on our JustGiving page, or use the address below:

tinyurl.com/hwha-jg



What you can do to help

£20/month

Pay for a normal delivery
and give the gift of life.

£30/month

Pay for a cataract operation
and give the gift of sight.

£40/month

Pay for a c-section or surgical
operation and give the gift of life.

£100/Month

Pay for a nurse and help
hundreds of patients for a month.



**HASHIM
WELFARE
HOSPITAL
APPEAL**