



Annual Review 2019/20



HASHIM
WELFARE
HOSPITAL

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Hashim Welfare Hospital Appeal, UK

Dr M Idrees Awan, Chairman
Tel: 01932 340 114 Mob: 07889 389 905

Ahsan Ellahi, Secretary
Tel: 01483 236 407 Mob: 07546 406 825

Sajid Mahmood, Treasurer
Tel: 01483 762 774 Mob: 07887 851 040

North West office

Talat-Farooq Awan
Tel: 0161 737 3208 Mob: 07956 247 689

Registered address

103 Walton Rd
Woking, Surrey GU21 5DW
Tel: 07515 409 274
Registered charity No. 1082330

Hashim Welfare Association, Pakistan

Zaka Ullah Siddique, Secretary
Tel: 0092 333 8425 629

Amir Nawaz, Hospital Administrator
Tel: 0092 537 630 173
Mob: 0092 300 9511 564

Registered address

Hashim Welfare Association
Village Pindi Hashim, PO Lamma
Kharian, Pakistan
Registered charity No. GRT/2003-17

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Hashim Welfare Association (Pakistan)
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Affiliated with

Ashford and St. Peter's Hospitals 
NHS Foundation Trust

Building futures

Changing lives

Nothing compares to the gratitude of an elderly cataract patient who can finally see her grandchildren, or the joy of a relieved mother cradling her new-born baby.

Our vision

The core objective of the Hashim Welfare Hospital Appeal (HWAH) is to provide high quality, accessible healthcare, with a focus on the poor and needy. We want to achieve this through our core project; the Hashim Welfare Hospital in Pakistan.

Facing the challenge

There are about one and a half million people in Pakistan who are blind or visually impaired because of cataracts. The death of mothers due to complications in labour and childbirth is 178 per 100,000 births. The under-five mortality rate is 81 deaths out of a thousand, and there is an almost 25% probability of dying from preventable and treatable health conditions such as diabetes and heart disease.

Hashim Welfare Hospital

The foundation stone for the Hashim Welfare Hospital was laid on 9 April 1999 in Pindi Hashim, a rural village between Islamabad and Lahore.

The Hospital is a combined project of two charities, and was founded in the UK by Dr Idrees Awan. HWAH is based in the UK and the Hashim Welfare Association is on the ground in Pakistan.

Helping change lives

The development of a country is measured by the quality of its healthcare and education. With the help of our staff, volunteers, and supporters we can help more people access quality healthcare, change lives, and build better futures.



Chairman's review

We are living in a connected world and it is no longer possible to remain completely unaffected by the distant events that unfold around us.

Coronavirus disease (COVID-19) was identified in November 2019 and quickly spread worldwide, affecting people in almost every country; physically emotionally, and economically.

Effects on the charity

In March this year, our German partners were scheduled to visit the Hospital to help run our ear camp, but were forced to cancel. This will inevitably have an effect on patients and families.

The pandemic has not only brought unique medical challenges, but has had a profound effect on our fundraising and outreach events. We have postponed or cancelled all our events for 2020. Sadly, this includes our yearly annual general meeting, which we have been holding without a break for over 20 years.

Our response

Once news broke about the extent of the pandemic, the staff at Hashim Welfare Hospital (HWH) took urgent action to make patients and the public aware of the

dangers of this deadly disease. They put up signs and instituted hand washing and social distancing rules. Fortunately none of our staff or patients have tested positive for the virus, and we are maintaining strict protocols for patients, visitors, and staff.

Many local people rely on semi-skilled and menial jobs and live on subsistence wages. They are no longer able to earn a living and the response from the government is taking time to filter down. In response, we have been helping distribute essential food items. Thanks to your support, we have provided almost 1,000 food packs so far.

Extension project

In more positive news for our patients, on 1 March 2020 we were finally able to break ground on the extension project. During the past year, there were several delays due to adjustments in the final design, as well as resolving permit and building regulation issues with the local and federal government.



Dr Idrees Awan
Chairman and founder

Thank you

It's a challenging time for the charity sector but we hope and pray that we can rise to this challenge with your continued support.

We would like to thank our honoured guests at last year's AGM, the deputy mayor of Woking, Cllr Sajjad Hussain, Jonathan Lord MP, and Mr Dildar Abro, first secretary, High Commission of Pakistan.

I would like to thank everyone who has supported, and continues to support us with donations, guidance, and prayers. In particular our families, doctors and staff at HWH, donors, colleagues and well-wishers. I am grateful to Hans Joachim Gerber and his team at PAKISTAN-Hilfe zur Selbsthilfe e.V., for their continued guidance and support.

And finally, I thank Almighty God for His continued mercy and blessings.



Last year HWH carried
out 1,076 cataract
operations

Departments and clinics

Over the years we have adapted organically to focus on the pressing needs of local people, developing our services accordingly.

General medical, and surgical

The general medical, and surgical department has the biggest workload at HWH. The Hospital is in a rural area but there is no medical referral system in Pakistan, so we see all types of patients. This department is headed by a consultant surgeon, supported by three medical officers. Clinical staff can access medical advice from consultants from the UK through Dr Awan.

Maternity

The maternity department includes neonatal and gynaecology services. We currently employ two consultant gynaecologists during regular hours, and a consultant surgeon on-call. Specialised clinics, including pre-natal, paediatrics, child welfare, and family planning, are being considered for the future.

Ophthalmology

We have two consultant eye surgeons, and fortnightly eye clinics and theatre sessions. The bulk of clinical work is related to cataract and associated conditions. Cataract surgery is mainly carried out with foldable

intra-ocular lenses with the option of extra-capsular surgery. Laser therapy for post-cataract surgery is regularly performed. The department is also able to screen for diabetic retinopathy. For busier times, an optometrist has been appointed to assist with refractive eye problems. We are planning to provide prescription lenses and glasses in the future.

Diagnostics

Diagnostics is one of our busiest departments because it also deals with patients referred from other hospitals and clinics. The department is supervised by Professor Nasir Iqbal from Lahore. HWH is currently in discussions with Dr Adnan Ali from the UK, to help set up, and supervise, a new infection control programme.

Hearing disabilities camps

Since 2016, our charity partner PAKISTAN-Hilfe zur Selbsthilfe e.V. has been conducting ear camps at HWH. To date, the team has examined 1,057 patients and fitted 256 hearing aids. They charity also been training our staff and will be assisting HWH in developing a new ENT department.



Patient stories

Muhammad Riaz spoke about his challenges with cataracts, and finding affordable treatment.

'My name is Muhammad Riaz, and I come from Village Chack Nandna in Gujrat.

'I didn't want to go to a private hospital where I knew it was difficult for me to afford the consultation fee, let alone pay for the operation. One of my friends suggested that I should go to Hashim Welfare Hospital.

Once I registered, for a fee of 10 Rupees, there was no consultation or examination charges, and a small cost for surgery. It was almost 10 times cheaper than if I'd gone to a private hospital.

I will come back for surgery on my right eye. I will gladly recommend the Hospital to friends and family who are in a similar situation.'

Unfortunately, due to the coronavirus pandemic the team were unable to carry out a camp this year.

Dental department

The dental department was established in September 2005. The department employs a dental hygienist to carry out basic treatment for local patients, and a part-time dental surgeon, Dr Mohammed Ibrar, to hold regular clinics. Advice and guidance is provided by Dr Farooq Choudhry, and Dr Ayaz Khan, principle dental surgeon at Shaikh Zayed Hospital, Lahore.

This year, PAKISTAN-Hilfe zur Selbsthilfe e.V. (PHzSH) donated refurbished dental equipment to further enhance the service.

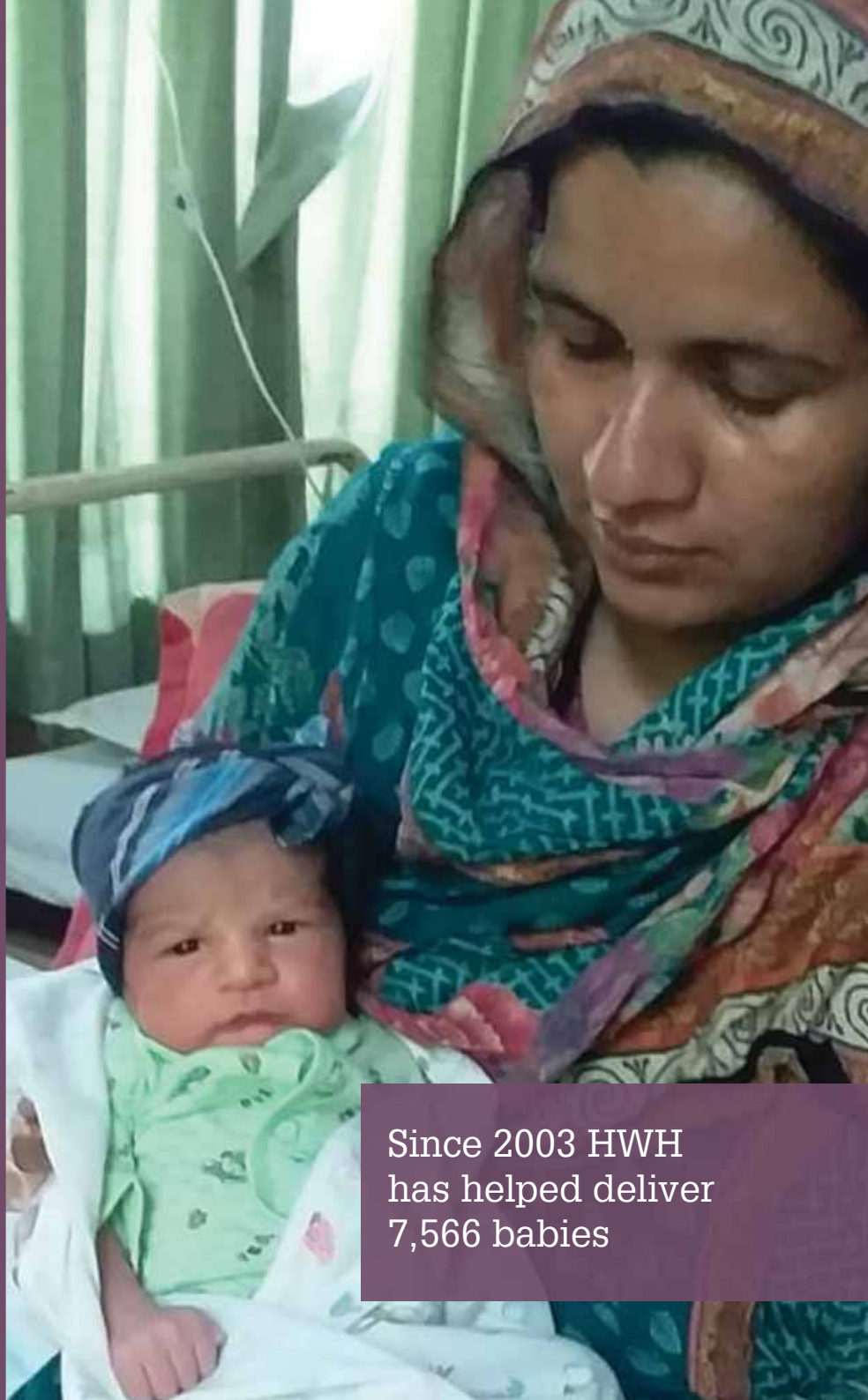
Future departments

ENT

An ENT department will be created in the new extension, under the supervision of Professor Dr Safdar Nawaz Malik from Islamabad. We are receiving extensive advice and guidance from PHzSH.

Urology and orthopaedics

A urology and orthopaedic department will also be housed in the new extension. The Hospital is in discussions with senior urologists from Pakistan and the UK. We are fortunate that our chairman is a consultant urological surgeon currently working in the NHS. Dr Tariq Zaman, an orthopaedic surgeon who works for the NHS, has offered to setup and supervise the orthopaedics department.



Since 2003 HWH
has helped deliver
7,566 babies



Patient stories

'Everyone is treated equally'

Mrs Asma Irfan lives in a village 35 Kilometres from HWH and it was her first experience of the Hospital. She gave birth to twin baby boys via C-section. Mrs Irfan was worried after finding out that she was pregnant with twin babies because private hospital are very costly and there is a common perception that charity hospitals are not good.

Later Mrs Irfan said she was surprised and at the quality of the service she received; from reception to the operating theatre and the ward, 'Everyone is treated equally, without special references or favours.'



Patient stories

Sugra Bibi from Kharian

Sugra Bibi, a widow, is from Village Lehri, in Kharian. She was the first cataract patient after the lockdown announced by the government of Pakistan.

Mrs Bibi said that when she had visited the hospital a few months earlier, for the operation on her left eye, she had been quite nervous. But it had gone very well and she was back for the procedure on her right eye.

After the operation, Mrs Bibi said she was delighted with the care from the entire team and would make a special prayer for the continued success of HWH.

The extension project

The Hospital has become over crowded in recent years. A extension will relieve pressure on clinics and help to expand and improve services.

In recent years, as more people access our services, the Hospital has reached beyond its capacity with patients and families waiting outside during busy periods. To meet these new challenges, and prepare for the future, we now need to extend the current buildings.

Hans Joachim Gerber and his team at PAKISTAN - Hilfe zur Selbsthilfe e.V. (PHzSH) have played a crucial part in the project by assessing the current building, selecting architects, reviewing designs, discussing requirements with local construction companies, and finalising the architectural plans.

During the past year, there were several delays due to adjustments in the final design, as well as resolving permit and building regulation issues with the local and federal government. But the wait is finally over. On 1 March 2020 we were finally able to break ground on the extension project.

How much do we need to raise?

To complete the project, our target is to raise £500,000 through the Building Futures Appeal. With the generous support of our donors we can continue our vital mission to build healthy futures for all.





March 2020: finally
breaking ground on
the extension project

Our organisation

The hospital is jointly run by Hashim Welfare Hospital Appeal in the UK and Hashim Welfare Association in Pakistan.

Hashim Welfare Hospital Appeal (UK) executive committee

Dr Idrees Awan	Chairman / Urology specialist consultant, London NW University Healthcare NHS Trust
Ahsan Ellahi	Secretary / CEO, Langham Estate, London
Sajid Mahmood	Treasurer / Proprietor, Atif Superstore, Woking, Surrey
Dr Ayaz Asghar	Ophthalmic surgeon, Nantwich, Cheshire
Zahid Akhtar	Businessman, Oldham, Lancashire
Talat-Farooq Awan	Producer, BBC Radio/TV, Northwest England
Dr Tariq Zaman	Consultant orthopaedic surgeon, Ealing Hospital, London
Dr Shahud Anis Khan	Consultant physician and associate postgraduate dean, East of England
Mussarat Ali Choudary	Proprietor, Lal Qila Restaurant, Manchester

Hashim Welfare Association (Pakistan)

Hajji Malik Nawaz	Patron / Hospital land donor, Pindi Hashim, Kharian
Dr Idrees Awan	President / Consultant urological surgeon, Hashim Welfare Hospital
Mohammad Riaz	Vice-president / Fmr librarian, Kharian
Ijaz Ahmed	Vice-president / Businessman, Kharian
Zaka-Ullah Siddique	General secretary / Teacher and journalist, Doga, Kharian.
Aqeel Abbas Turabi	Joint secretary / Tax solicitor, Gujrat
Malik Amir Nawaz	Finance secretary / Businessman, Pindi Hashim, Kharian
Tanveer Naqvi	Information secretary / Journalist, Lamma, Kharian

Professional advisors

Andy Field	Chairman, Ashford and St. Peter's Hospitals NHS Foundation Trust
Mr David Payne	Consultant urologist, Kettering General Hospital, NHS Foundation Trust
Andy Hollebon	Fmr head of communications and engagement, Isle of Wight NHS Trust
Dr Adnan Aali	Consultant microbiologist, London North West University Healthcare NHS Trust
Hans Joachim Gerber	Chairman, PAKISTAN-Hilfe Zur Selbsthilfe e V., Germany



Lat year HWH carried out 25,213 lab tests, and 3,714 X-ray and ultrasound tests

Our donors

Standing orders £60-200/month

Raza Ahmed (WRAP Ltd), Reading
Zahid Akhtar, Oldham
Dr Idrees Awan, Byfleet
Dr Aurangzeib Aurakzai, Manchester
Dr Humayon Dewan, Chelmsford
Ahsan Ellahi, Woking
Zafar Iqbal (*in memoriam*), Reading
Dr Usman Khan, Macclesfield
Dr Maqsood Khawaja, Manchester
Sajid Mahmood (Atif Superstore), Woking
Dr Faiza Akif, Reading
Iftekhhar Oasim (GIBS Home Ltd), Woking
Dr Tariq Zaman, London

Standing orders £20-£50/month

Dr Adnan Aali, London
Zain Ali, Woking
Khurram Ahmed, Maidenhead
Zahir Ahmed, Woking
Ali Akhtar, Slough
Dr Waseem Akhtar, London
Kamran Akram, Bradford
Dr Ayaz Asghar, Crewe
Nasib Aziz, Woking
Muzaffar Ali, Woking
Fazal Ali Awan, Slough
Dr Sofia Rokerya Bhatti, Weybridge
Dr Asif Butt, Reading
Dr Amjad Cheema, Cardiff
Dr Ashfaq Ezad, Southampton
Payroll Giving, UK
Dr Abdul Naveed Ul Haq, Manchester
Dr Adnan Hafeez, Crewe
Dr Zafar Hashim, Manchester
Abida Hussein, Blackburn
Barkat Hussain, Woking
Usman Hussain, Woking
Cllr Sajjad Hussain, Woking
Asim Iqbal, Slough
Zafar Iqbal, Woking
T Jackson, UK
Asad Jamil, Woking
Abid Kayani, Woking
Imran Khadim, Oldham
Amjad Mahmood (Noori Foods), London
Sajid Khadim (Motor House), Shipley

Khalid Khan, Reading
Dr Zeib Sardar Khan, Kettering
Dr Taher Latif (Starbro Ltd), Slough
Dr Jahangir Mahalakshmiwala, London
F A Mir, Woking
Kausar Masood, Woking
Hamid Masud (Ribat), Woking
Dr Alauddin Mahoon, Woking
Ahmed Medicare Ltd, UK
Amjid Mir, Woking
Sofia Mir, Woking
Javid Mustafa, Guildford
S B Rajas, Woking
Dr Kamran Qurashi, London
Zafar Ramzan, Farnborough
Dr Irfan Rashid, Bradford
Dr Asif Raza, London
Mian Shariff, Slough
The Charities Trust, UK
Dr Rashid Qadir, London
Asaf Saleem, Reading
Farhan Najam Saqib, West Byfleet
Mrs Shahida Shafiq, Woking
Cohan Shah, London
Fazeelat Shah, Woking
Dr Shahid Sharif, Reading
Dr Sohail Sharik, London
Amir Siddique, Slough
Dr Munira Sultan, Woking
Zainab Sultan (Bismill Elite), London
Mrs F Waheed, Woking
Dr Zafar Waheed, UK
Simon Wheatley, London
Zafar Yousef, Woking
Asim Zahir, Woking
Haji Mohammad Zar, Woking
Dr Mubashar Zia, Harlow

Standing orders £5-£15/month

Mehdi Ahmed, Woking
Munawar Ahmed, Woking
Sharaz Ahmed, Maidenhead
Mohammad Akram, Woking
Jabbar Ali, UK
Mohammed Ali, Woking
Nasser Ali, Woking
Dr Guhram Ali Anjam, Oldham

Javad Anwar, Woking
Mrs Saleem Asghar, Woking
Dr M Ather, UK
Rizwana Awan, Southend-on-Sea
Mohammad Azam, Woking
Waqas Baig, Reading
Adil Butt, UK
Nazir Chaudhry, Southall
Dr Imytaz Cheema, Middlesborough
Jameela Dar, Reading
Nazir Dar, Reading
Dr Shujah Dar, Woking
Ahmed Elfaituri, New Haw
Gulzar Hussain, Woking
Hajji Liaquat Hussain, Woking
Mahmuda Hamid, Woking
Mazhar Hussain, Woking
Nobila Hussain, Manchester
Urfan Hussain (Pure Vision Optical), Woking
Mrs R Hussain, Woking
N Ifzal, Woking
Mohammad Iqbal, UK
Nighat Jobeen, Woking
Haris Ilyas Khan (Optnear Ltd), Woking
Wajahat Ilyas Khan, Woking
Dr Attiya Khan, London
N A Khan, UK
Rashid Khan, Woking
Imran Khalid, Bradford
Yaser Latif, Woking
Mani Liaquat, Manchester
Aqeel Lone, Woking
Iftikhar Mahar (LIMRL Ltd), Basingstoke
Mohammad Nadeem, Woking
Ifzal Naveed, Woking
Tahar Naveed, London
Ikhtlaq Hussain, UK
Bilal Qureshi (IO Orthodontics Ltd), West Byfleet
Nasir Qureshi, Woking
Dr Omair Rauf, Manchester
Noman Sahi, Woking
Dr Qadeer Warraich, Isle of White



HASHIM
WELFARE HOSPITAL
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3D sketch of the
new extension by
SAB Engineering
Consultants

Facts and figures

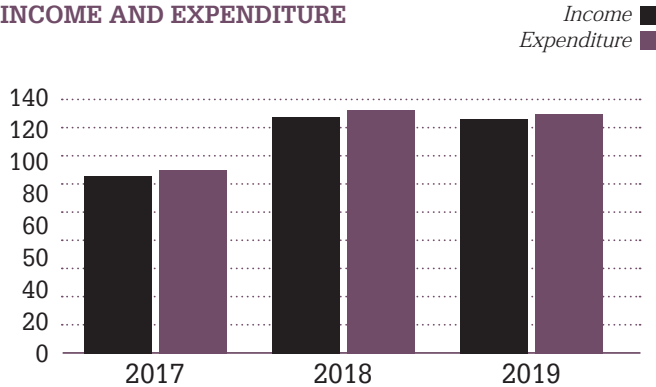


Ahsan Ellahi Secretary



Sajid Mahmood Treasurer

INCOME AND EXPENDITURE



CONTROLLING OUR COSTS

Admin/design and print as a % of donations



In 2018-2019 the charity received £123,194 in donations which helped reduce our overall costs.

PATIENT FEE POLICY

PROCESS	POOR PATIENT	OTHER
Registration	Free	10 Rupees
General check-up, consultation and advice	Free	Free
Dispensary medicine <i>Three day course</i>	Free	Free
Blood sugar (diabetes)	Free	Free
ECG (heart disease)	Free	Free
Other investigations	Free	Minimal cost <i>A percentage goes to HWH</i>
Costly medicines	Free	Minimal cost <i>A percentage goes to HWH</i>
Procedures/operations	Free	Minimal cost <i>Pays for one poor patient</i>

TREATMENT AND TESTS UP TO DEC 2019

124,391	Eye patients from 2003
11,675	Cataract procedures from 2003
7,566	Babies delivered from 2003
65,464	Mothers examined from 2011
286,804	Diagnostic tests from 2005
1,057*	Ear patients from 2016
256*	Hearing aids fitted from 2016

*Ear camps were cancelled due to the pandemic



Between 2016 and 2018 we examined 1,057 patients for hearing loss and fitted 256 hearing aids

Ear camps cancelled due to the pandemic

Support our work

There are many ways to support Hashim Welfare Hospital Appeal.

The simplest is through regular monthly donations. Contact us to find out more.

Good to know

We accept Sadaqah, Zakat al-Fitr, fidyah and donations for deceased loved ones. You or your organisation can also bequeath a gift to the Hospital in your will or trust, and leave a truly lasting legacy.



07519 509 790

info@hashimwelfare.org.uk

hashimwelfare.org.uk





BUILDING FUTURES APPEAL

The next phase

After 17 years, HWH has reached beyond capacity, with crowded clinics and wards. To meet new challenges, we need your help to build a new extension.

To complete the project, our target is to raise £500,000 through the Building Futures Appeal.

With your generous support we can continue our vital mission to build healthy futures, today.

Donate by bank transfer

Reference: hwh-bfa

Account: 16167570 / Sort code: 60-24-20

Donate by post

Send cheques, payable to
'Hashim Welfare Hospital Appeal' to:
Building Futures Appeal
HWH, 103 Walton Rd
Woking, Surrey GU21 5DW

Monthly standing order

Please contact 07519 509 790

For more information:

07519 509 790 or visit: hashimwelfare.org.uk

Donate now with JustGiving

Scan the QR code to securely donate on our JustGiving page, or use the address below:

www.tinyurl.com/hwh-bfa18



What you can do to help

£20/month

Pay for a normal delivery
and give the gift of life.

£30/month

Pay for a cataract operation
and give the gift of sight.

£40/month

Pay for a c-section or surgical
operation and give the gift of life.

£100/Month

Pay for a nurse and help
hundreds of patients for a month.



HASHIM
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BUILDING
FUTURES APPEAL

