



Annual Review

2018/19



HASHIM
WELFARE
HOSPITAL

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Registered charity No. GRT/2003-17

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Ashford and St. Peter's Hospitals 
NHS Foundation Trust



Building futures

Changing lives

There is nothing quite like the gratitude of an elderly cataract patient who can finally see her grandchildren, or the joy of a relieved mother cradling her new-born baby.

Our vision

The core objective of the Hashim Welfare Hospital Appeal (HWAHA) is to provide high quality, accessible healthcare, with a focus on the poor and needy. We want to achieve this through our core project; the Hashim Welfare Hospital in Pakistan.

Facing the challenge

There are about one and a half million people in Pakistan who are blind or visually impaired because of cataracts. The death of mothers due to complications in labour and childbirth is 178 per 100,000 births. The under-five mortality rate is 81 deaths out of a thousand, and there is an almost 25% probability of dying from preventable and treatable health conditions such as diabetes and heart disease.

Hashim Welfare Hospital

The foundation stone for the Hashim Welfare Hospital was laid on 9 April 1999 in Pindi Hashim, a rural village between Islamabad and Lahore.

The Hospital is a combined project of two charities, and was founded in the UK by Dr Idrees Awan. HWAHA is based in the UK and the Hashim Welfare Association (HWA) is on the ground in Pakistan.

Helping change lives

The development of a country is based upon the quality of its healthcare, education, and protection of the vulnerable. With the help of our staff, volunteers, and supporters we can help more people access quality healthcare, change lives, and build healthy futures for all.



Chairman's review

April 1999 marked 20 years since we started digging the foundations for Hashim Welfare Hospital.



Dr Idrees Awan
Chairman and founder

Now, by the Grace of God, we have two charity organisations running the Hospital, and an experienced team on the ground, along with professional advisors, accountants and architects.

The Hospital reached full capacity some time ago. To maintain the standard of service to our patients we need to extend the Hospital. We launched the Building futures Appeal in 2018 to raise £500,000, and managed to raise over £90,000 in the first year. After this year's fundraiser we received pledges of £117,000, and donations are still coming in. The generosity of our supporters means we are well on our way towards our target.

Extension project

We are all learning from the challenges of trying to create the best building possible for patients and staff. Our heartfelt gratitude goes to Hans Joachim Gerber and his team at the German charity PAKISTAN Hilfe zur Selbsthilfe e.V. (PHzSH), They have helped us in assessing the current buildings, selecting

architects, reviewing designs, discussing requirements with local construction companies, and finalising the plans.

Friends and donors

All of our friends and donors have been a great help to the Charity. I am delighted to say one of our main donors, Mrs Zainab Sultan, visited the Hospital to see our work first-hand. (*You can read her story on page 7*). In April, Afzal Khan MP from Manchester and Jonathan Lord MP from Woking, organised a pre-fundraiser meeting at the Houses of Parliament, which also helped raise our profile.

Future clinical projects

Dr Tariq Zaman, a consultant orthopaedic surgeon, intends to start a pain and physiotherapy clinic in November 2019. Another long-time supporter, Dr Ayaz Asghar is interested in developing a new retinal screening service later in the year. We are hoping to develop a new family planning clinic as part of the maternity department, with help of Mr Raza Ahmed.

Thank you

A big thank you to our honoured guests at last year's AGM, including the Mayor of Woking, Cllr Will Forster, Jonathan Lord MP, Zahid Choudary—the Deputy High Commissioner Pakistan, and the chairman of Ashford and St Peter's NHS Foundation Trust, Andy Field.

I thank Almighty God for His continued blessings. None of this could have been achieved without your support; donors, friends, colleagues, charity members, partners and hospital staff and, of course, our families.

Departments and clinics

Over the years we have adapted organically to focus on the pressing needs of local people, developing our services accordingly.

General medical, and surgical

The general medical, and surgical department has the biggest workload at HWH. There is no medical referral system in Pakistan, so we see all types of patients. The department is headed by a consultant surgeon, supported by three medical officers. Clinical staff can access medical advice from consultants from the UK through Dr Awan.

Ophthalmology

We have two consultant eye surgeons, and two weekly eye clinics and theatre sessions. The bulk of clinical work is related to cataract and associated conditions. Cataract surgery is mainly performed with foldable intra-ocular lenses with the option of extra-capsular surgery. Laser for post-cataract surgery is available and we are planning to provide prescription lenses and glasses, and a retinal screening service.

Maternity

The maternity department includes neonatal and gynaecology services. We currently employ two consultant gynaecologists during regular hours, and a consultant

surgeon on-call. Specialised pre-natal, paediatrics, child welfare, and family planning clinics are being considered for the future.

Diagnostics

This is one of our busiest departments because many doctors from other clinics and hospitals send their patients to us. The main diagnostics performed include blood tests (biochemistry and haematology), urine tests, ECGs, and radiology (ultrasound and x-ray).

Hearing disabilities camps

Since 2016, our charity partners PAKISTAN-Hilfe zur Selbsthilfe e.V. (PHzSH) have been conducting ear camps at HWH. So far the team has examined 1,057 patients and fitted 256 hearing aids. They have also been training our staff and will be assisting HWH in developing a new ENT department.



Patient stories

Local resident Asia Bibi talks about her experience at HWH.

My name is Asia Bibi, and I live in village Doga, Kharian which is very close to Hashim Welfare Hospital.

I had already attended an eye clinic at the Hospital on 16 June. I was told that I needed an operation to remove a cataract to improve the eye-sight in my left eye.

I had my eye operation done and I am very happy with the care I received, previously and during and after the operation. I will pray for the staff and people who support this hospital and provide this service on our doorstep.

Help support people like Asia and building healthy futures today. Please contact:

07519 509 790 or visit:
hashimwelfare.org.uk



Dental

A small dental department was established in September 2005, with equipment donated by the World Health Organisation. A dental hygienist was appointed to carry out basic dental work. This year our partner PHzSH donated refurbished dental equipment to extend the service.

Future departments

ENT

The ENT clinic will be housed in the new extension. We will appoint a consultant ENT surgeon to lead the department under supervision of Professor Dr Safdar Nawaz Malik from Islamabad. We are receiving extensive advice and guidance from PHzSH.

Urology and renal dialysis

The urology and renal dialysis department will be housed in the new extension. We are fortunate that our chairman is a consultant urological surgeon currently working in the NHS. We are in discussions with senior urologists from Pakistan and the UK.





A donor's experience

Mrs Zaiab Sultan is a donor from the UK. She talks about her visit to Hashim Welfare Hospital.

On a recent visit to Pakistan we decided to go and see for ourselves how our donations were making a difference.

The first thing that was noticeable was the cleanliness of the hospital and how hygienic everything was.

The Hospital had a good system in place for seeing patients and was very well organised. The queue system worked well and everyone was attended to in order of priority and need.

We were shown where the eye operations were conducted. The operations are free for those that are poor and needy, and at a smaller cost for those that can afford to pay.

We visited the maternity ward, used for those who have had a caesarean section. We spoke to a mother who had just had a c-section and she was very happy and content with the way she was taken care of and the treatment she had received.

Our tour of the facilities exceeded our expectations. We concluded that Hospital is delivering above and beyond what they state, and the care they provide is second to none.

In essence, I saw hope. It revitalized me and reminded me of the impact that HWH has on the lives of these families. I encourage anyone visiting Pakistan to take the time and visit the Hospital - I am confident it will have the same impact on every visitor.



Patient stories

Hashim Khan from Quetta

My village is more than 1,000 miles from Kharian. I was visiting my relatives in Gulyana. I had problems with my eye-sight for few years. My relatives and friends advised me to get checked from this hospital because it had very good doctors and the latest equipment.

I had a cataract operation and I am very happy with the staff and care. The charges were very reasonable compared to Quetta. It will be difficult for my friends to come all this way but I will still tell them about the very good work done by the Hashim Welfare Hospital.

Patient stories

Mrs Isma Nasim with her newborn baby

My name is Isma Nasim and I live in a village in Kharian. I had a c-section and God blessed me with a beautiful baby boy. This is not my first time, as I had my first two children at the Hospital. I am very happy and satisfied with doctors, nursing staff and by the services provided in this hospital.

The hospital and organization is very useful for poor people. As this was my third time and I will recommend this hospital to other people also. I will pray to Allah for the progress of Hashim Welfare Hospital.



The extension project

The Hospital has become over crowded in recent years. A extension will relieve pressure on clinics and help to expand and improve services.

In recent years, as more people access our services, the Hospital has reached beyond its capacity with patients and families waiting outside during busy periods. To meet these new challenges, and prepare for the future, we now need to extend the current buildings.

SAB Engineering Consultants, who are working with us, have completed 3D concept sketches of the extension. There are some minor details that need to be finalised but we can finally begin to see what the new building might look like (*opposite page*).

Hans Joachim Gerber and his team at PAKISTAN Hilfe zur Selbsthilfe e.V. (PHzSH) have played a crucial part in the project by assessing the current building, selecting architects, reviewing designs, discussing requirements with local construction companies, and finalising the architectural plans.

How much do we need to raise?

The estimated project cost is £500,000. To help reach the target we launched the Building Futures Appeal in 2018. We held our first fundrasier in April of that year, managing to raise over £90,000. This year we received further pledges of £117,000.





HASHIM
WELFARE HOSPITAL
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SAB Engineering
Consultants 3D sketch
of the new building

Our organisation

The hospital is jointly run by Hashim Welfare Hospital Appeal in the UK and Hashim Welfare Association in Pakistan.

Hashim Welfare Hospital Appeal (UK) executive committee

Dr Idrees Awan	Chairman / Urology specialist consultant, London NW University Healthcare NHS Trust
Ahsan Ellahi	Secretary / CEO, Langham Estate, London
Sajid Mahmood	Treasurer / Proprietor, Atif Superstore, Woking, Surrey
Dr Ayaz Asghar	Ophthalmic surgeon, Nantwich, Cheshire
Zahid Akhtar	Businessman, Oldham, Lancashire
Talat-Farooq Awan	Producer, BBC Radio/TV, Northwest England
Dr Tariq Zaman	Consultant orthopaedic surgeon, Ealing Hospital, London
Dr Shahud Anis Khan	Consultant physician and associate postgraduate dean, East of England
Mussarat Ali Choudary	Proprietor, Lal Qila Restaurant, Manchester

Hashim Welfare Association (Pakistan)

Hajji Malik Nawaz	Patron / Hospital land donor, Pindi Hashim, Kharian
Dr Idrees Awan	President / Consultant urological surgeon, Hashim Welfare Hospital
Dr Ajmal Naqvi	Vice-president / Consultant surgeon, Sheikh Zayed Hospital
Ijaz Ahmed	Vice-president / Businessman, Kharian
Zaka-Ullah Siddique	General secretary / teacher and journalist, Doga, Kharian.
Riaz Ahmed	Joint secretary / Architect and engineer, Gujrat
Malik Amir Nawaz	Finance secretary / Businessman, Pindi Hashim, Kharian
Tanveer Naqvi	Information secretary / Journalist, Lamma, Kharian

Professional advisors

Andy Field	Chairman, Ashford and St. Peter's Hospitals NHS Foundation Trust
Mumtaz Ahmad	Consultant urologist, President elect, Pakistan Association of Urological Surgeons
Andy Hollebon	Fmr head of Communications and Engagement, Isle of Wight NHS Trust
Dr Adnan Aali	Consultant microbiologist, LNWH Trust, London
Hans Joachim Gerber	Chairman, PAKISTAN-Hilfe Zur Selbsthilfe e V., Germany



HWH has treated over
700,000 patients in
16 years

Our donors

Standing orders £60-200/month

Raza Ahmed (RAG Collection Ltd), Reading
Mrs S Ahmed (WRAP Ltd), Reading
Mrs Jan Ara Awan (Uro-medic Ltd), Byfleet
Dr Idrees Awan (Uro-medic Ltd), Byfleet
Dr Aurangzeib Aurakzai, Manchester
Ahsan Ellahi, Woking
Sajid Mahmood (Atif Superstore), Woking
Iftekhhar Qasim (GIBS Home Ltd), Woking
Zahid Akhtar, Oldham
Dr Usman Khan, Macclesfield
Dr Tariq Zaman, London
Dr Humayon Dewan, Chelmsford
Zafar Iqbal (Goldstar Accountants), Reading

Standing orders £20-£50/month

Abid Kayani, Woking
Dr Asif Raza, London
Dr Adnan Aali, London
Dr Munira Sultan, Woking
Dr Sofia Rokerya Bhatti, Weybridge
Dr Shahid Sharif, Reading
Dr Ashfaq Ezad, Southampton
Fazeelat Shah, Woking
Hamid Masud (Ribat), Woking
Zahir Ahmed, Woking
Mrs Shahida Shafiq, Woking
Dr Gulobi Noory, London
Barkat Hussain, Woking
Fazal Ali Awan, Slough
Ali Akhtar, Slough
Dr Asif Butt, Reading
Dr Irfan Rashid, Bradford
Muzaffar Ali, Woking
Sajid Khadim (Motor House), Shipley
Abida Husseini, Blackburn
Kausar Masood, Woking
Amir Siddique, Slough
Amjad Mahmood (Noori Foods), London
Khalid Khan, Reading
Farhan Najam Saqib, West Byfleet
F A Mir, Woking

Ahmed Medicare Ltd, UK
Dr Alauddin Mahoon, Woking
Dr Ayaz Asghar, Crew
Dr Amjad Cheema, Cardiff
Asim Iqbal, Slough
Amjid Mir, Woking
Sofia Mir, Woking
Zafar Ramzan, Farnborough
Zafar Yousef, Woking
Asad Jamil, Woking
Zafar Iqbal, Woking
Mrs F Waheed, Woking
Mian Sharif, Slough
The Charities Trust, UK
S B Rajas, Woking
Dr Zafar Waheed, UK
Haji Mohammad Zar, Woking
Imran Khadim, Oldham
Nasib Aziz, Woking
Khurram Ahmed, Maidenhead
Simon Wheatley, London
Javid Mustafa, Guildford
Farris Sultan, Camberley
Usman Hussain, Woking
Asaf Saleem, Reading
T Jackson, UK
Payroll Giving, UK
Dr Kamran Qureshi, London
Mrs Zainab Sultan (Bismill Elite), London

Standing orders £5-£15/month

Adil Butt, UK
Sharaz Ahmed, Maidenhead
Dr Guhram Ali Anjam, Oldham
Urfan Hussain (Pure Vision Optical), Woking
Mrs Saleem Asghar, Woking
Wajahat Ilyas Khan, Woking
Haris Ilyas Khan (Optnear Ltd), Woking
Ifzal Naveed, Woking
N Ifzal, Woking
Noman Sahi, Woking
Waqas Baig, Reading
Nasir Qureshi, Woking

Imran Khalid, Bradford
Dr Attiya Khan, London
Dr Qadeer Warraich, Isle of White
Dr M Ather, UK
Mohammad Azam, Woking
Dr Shujah Dar, Woking
Jameela Dar, Reading
Nazir Dar, Reading
Nazir Chaudhry, Southall
Mahmuda Hamid, Woking
Cllr Sajjad Hussain, Woking
Naeem Khan, Woking
Mohammad Akram, Woking
Bilal Oureshi (IOO Ltd), West Byfleet
Yaser Latif, Woking
Nighat Jobeen, Woking
Mani Liaqat, Manchester
Mazhar Hussain, Woking
Tahar Naveed, London
Asim Zahir, Woking
LIMRL Ltd, Basingstoke
Mohammad Iqbal, UK
Mohammad Nadeem, Woking
Atia Aslam, Woking
Dr Imytaz Cheema, Middlesborough
Aqeel Lone, Woking
Nobila Hussain, Manchester
Nasser Ali, Woking
Adam Noor, UK
Jabbar Ali, UK
Munawar Ahmed, Woking
Gulzar Hussain, Woking
Hajji Liaquat Hussain, Woking
Rizwana Awan, Southend-on-Sea
Mohammed Ali, Woking
Rashid Khan, Woking
Mrs R Hussain, Woking
Javad Anwar, Woking
Ahmed Elfaituri, New Haw
N A Khan, UK



We examined 1,057 patients for hearing issues and fitted 256 hearing aids

2016 to Dec 2018

Facts and figures

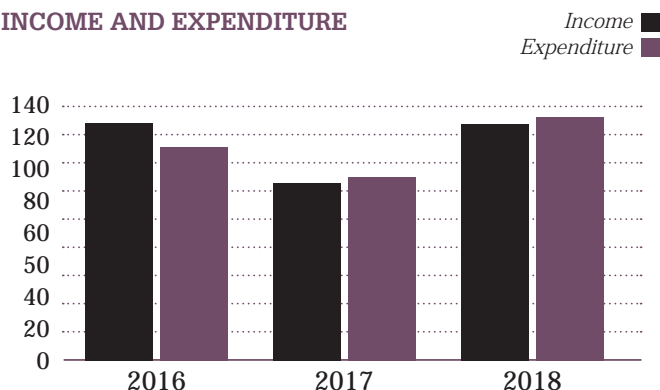


Ahsan Ellahi Secretary



Sajid Mahmood Treasurer

INCOME AND EXPENDITURE



PATIENT FEE POLICY

PROCESS	POOR PATIENT	OTHER
Registration	10 Rupees	10 Rupees
General check-up, Consultation and advice	Free	Free
Dispensary medicine <i>Three day course</i>	Free	Free
Blood sugar (diabetes)	Free	Free
ECG (heart disease)	Free	Free
Other investigations	Free	Minimal cost <i>Small percentage goes to HWH</i>
Costly medicines	Free	Minimal cost <i>Small percentage goes to HWH</i>
Procedures/operations	Free	Minimal cost <i>Pays for one poor patient</i>

CONTROLLING OUR COSTS

Admin/printing as % of donations



In 2017-2018 the charity received £124,921 in donations which helped reduce our overall costs.

TREATMENT AND TESTS UP TO DEC 2018

111,431	Eye patients from 2003
10,599	Cataract procedures from 2003
7,091	Babies delivered from 2003
57,393	Mothers examined from 2011
261,591	Diagnostic tests from 2005
1,057	Ear patients from 2016
256	Hearing aids fitted from 2016



We have carried out
more than 261,000
diagnostic tests

Support our work

There are many ways to support Hashim Welfare Hospital Appeal.

The simplest is through regular monthly donations. Contact us to find out more.

Good to know

We accept Sadaqah, Zakat al-Fitr, fidyah and donations for deceased loved ones. You or your organisation can even bequeath a gift to the Hospital in your will or trust, and leave a truly lasting legacy.



07519 509 790

info@hashimwelfare.org.uk

hashimwelfare.org.uk





BUILDING FUTURES APPEAL

The next phase

After 16 years, HWH has reached beyond capacity, with crowded clinics and wards. To meet new challenges, we need your help to build a new extension.

To complete the project, our target is to raise £500,000 through the Building Futures Appeal.

With your generous support we can continue our vital mission to build healthy futures, today.

Donate by bank transfer

Reference: hwh-bfa

Account: 16167570 / Sort code: 60-24-20

Donate by post

Send cheques, payable to
'Hashim Welfare Hospital Appeal' to:
Building Futures Appeal
HWH, 103 Walton Rd
Woking, Surrey GU21 5DW

Monthly standing order

Please contact 07519 509 790

For more information:

07519 509 790 or visit: hashimwelfare.org.uk

Donate now with JustGiving

Scan the QR code to securely donate on our JustGiving page, or use the address below:

www.tinyurl.com/hwh-bfa18



What you can do to help

£20/month (Rs3,000)

Pay for a normal delivery
and give the gift of life.

£30/month (Rs4,500)

Pay for a cataract operation
and give the gift of sight.

£40/month (Rs6,000)

Pay for a c-section or surgical
operation and give the gift of life.

£100 (Rs15,000)

Pay for a nurse and help
hundreds of patients for a month.



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BUILDING
FUTURES APPEAL

